

A2

“CONSCIOUS:FULLNESS” MEDITATION EXERCISES & LEVELS

The following is just a Theoretical part of all our 12 + 1 meditations, targeting the Development of Your Consciousness, ^(Self)Consciousness, ^(Self)Realization, ^(Self)Creation, ^(Self)Love, ^(Self)Management to be a **Happy** person both privately and professionally.

Activation of your:

(SUSTAINED)CONSCIOUSNESS^(ABILITY)®

(COMBINED)CONSCIOUSNESS^(ABILITY)®

EMOTIONAL & OPERATIONAL^(MANAGEMENT)®

We work with Energies on many levels. Energy can be Defined as something that has a Purpose and has the formula:

> **CAUSE** > EFFECT > **CONSEQUENCE** > CIRCUMSTANCES > **EXPERIENCES** >
CHANGES > **RENEWED ENERGY** > WISDOM > **RENEWED CAUSE** >®

LEARN HOW TO:

BE YOUR LIFE’S SUBLIME ENTREPRENEUR ARCHITECT AND

“MANAGE” **HAPPINESS** – MANIFEST AND CREATE **HAPPINESS** – MAINTAIN **HAPPINESS** AND BE **HAPPY**.

“Empower” Yourself through Self^(Management) – Transformation – Personal Evolvement = Individual Change, Transformation, Strength and Growth that form the connection to a Future with an Evolving Mindset = Thought Form.

The SUSTAIN^(ABLE) Person – SELF^(MANAGEMENT).

If you are curious to KNOW more, look for the next release of the upcoming books or

SEE more on www.youtube.com/@Natasha.ANCIENTACADEMY.A2

and

on A²'s Online Library: www.ancient-academy.com/online-library

MODULE 1. LEVEL 3:

MICRO BIODYNAMIC ³ ₃ MASS
MICROBIOLOGICAL ESSENCE ³ ₃

Present Condition / Operational Condition

Microbiological Essence – The Physical State

we are in, is part of and consists of:

Water, air, earth, fire, body & spirit / Soul / Consciousness
in the Present Tense, the one which Creates Dynamism
in the Physical State - Organic Instincts.



MODULE 2. LEVEL 5:

MICROBIOLOGICAL COMPONENTS

Emotional State / Dynamic Intuition

The Emotions

Thoughts

Behavior

Physical Condition

Vulnerable^(Ability)

Dynamic Intuition



MODULE 3. LEVEL 7:

**SOUND KEY “O” IS TO BE USED HERE –
WHOLENESS NOTE**

ENERGY = Combined Energy =
Combined Intelligence - Combined Consciousness
= Emotional Intelligence - EQ + Operational
Intelligence - IQ = “FE:MALE” Consciousness -
THE FEMININE & MASCULINE
INTELLIGENCE CONSCIOUSNESS



MODULE 4. LEVEL 9:

MICRO WAVE

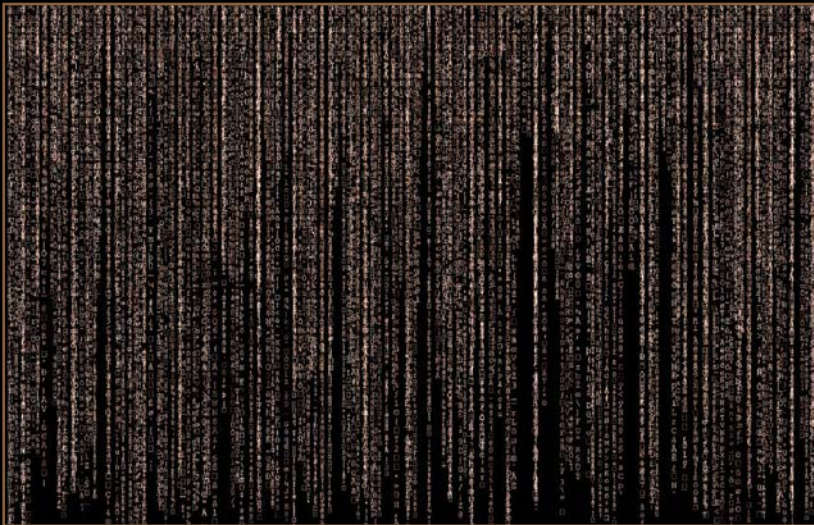
Sleep Mode – Immersion – Vulner^(Ability) –
Silence – the Observer who Feels the
Energy and its Effect - Non-Organically



MODULE 5. LEVEL 10,5:

COMPLETE I I

DIVINE MATRIX - Ground Mass -
Maternal Strain - ALMA MATER
Physical Clarity, Lucidity, Clearly Sensitive,
Clear Thinking - Enlightenment



MODULE 6. LEVEL 15:

ZERO GROUND - ZERO POINT LOOP OF TIME

Focal point for all Living Things
Resurrection Point / Reset button /
Reactivation from Sleep Mode / the Now



MODULE 7. LEVEL 18:

THE HIGHER STAND

Higher Consciousness
Combined Intelligence - Combined Consciousness®



MODULE 8. LEVEL 21:

THE SPIRIT OF THE UNIVERSE

The Core of your Soul,
Your Energetic DNA /
The Signature of your Consciousness



MODULE 9. LEVEL 23:

THE PENTAGON

Your Consciousness – the Unconscious & Conscious

CAUSE = Operational Energy^(vision, mission, Values & Purpose) =

EFFECT^(Results & influences) =

CONSEQUENCE^(Emotional Energy & Behavior Patterns) =

CIRCUMSTANCES^{(VULNER(ABILITY) - Consciousness Condition)} =

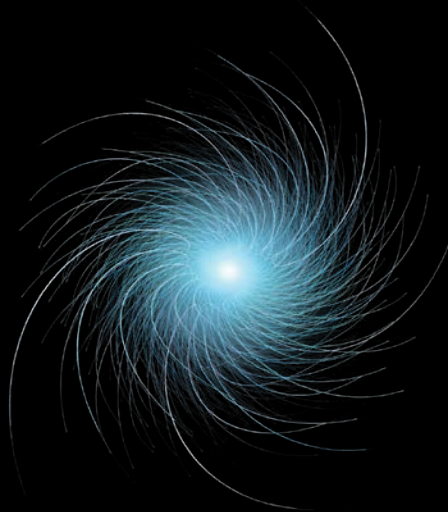
EXPERIENCES^(Responsibility & decisions) =

CHANGES^(Development / Phase Out) =

RENEWED ENERGY^(Inner Power / Inner force, Value & Consciousness) =

WISDOM^(Integration, Creation & Innovation) =

RENEWED CAUSE^(Operational Energy - vision, mission, Values & Intention)



MODULE 10. LEVEL 27:

LIVING LIFE

BREATH^(ING)

Creation and Development in Flow

Live Life to the fullest - **HAPPILY**



MODULE 11. LEVEL 29:

THE MANIFEST

(COMBINED) CONSCIOUSNESS (ABILITY)®

(SUSTAINED) CONSCIOUSNESS (ABILITY)®

Coincidences - Coincidence^(Ability)

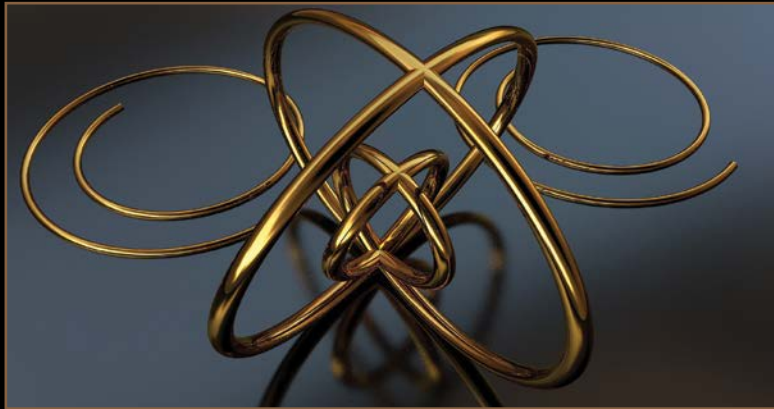
Integration - Integration^(Ability)

Create Wholenesses - Wholeness^(Ability)

Find new improved Ways - Innovation^(Ability)

Handle the differences / Opposite Poles - Divergence^(Ability)

Accommodate the Opposite Pole - Capacity^(Ability)



MODULE 12. LEVEL 32:

THE ABSOLUTE

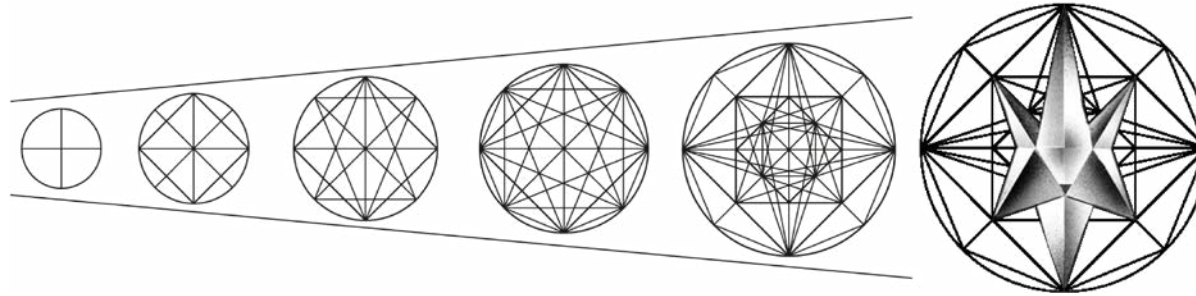
Peace, Balance & Unconditional Love -

(Self) Love = Alfa Consciousness

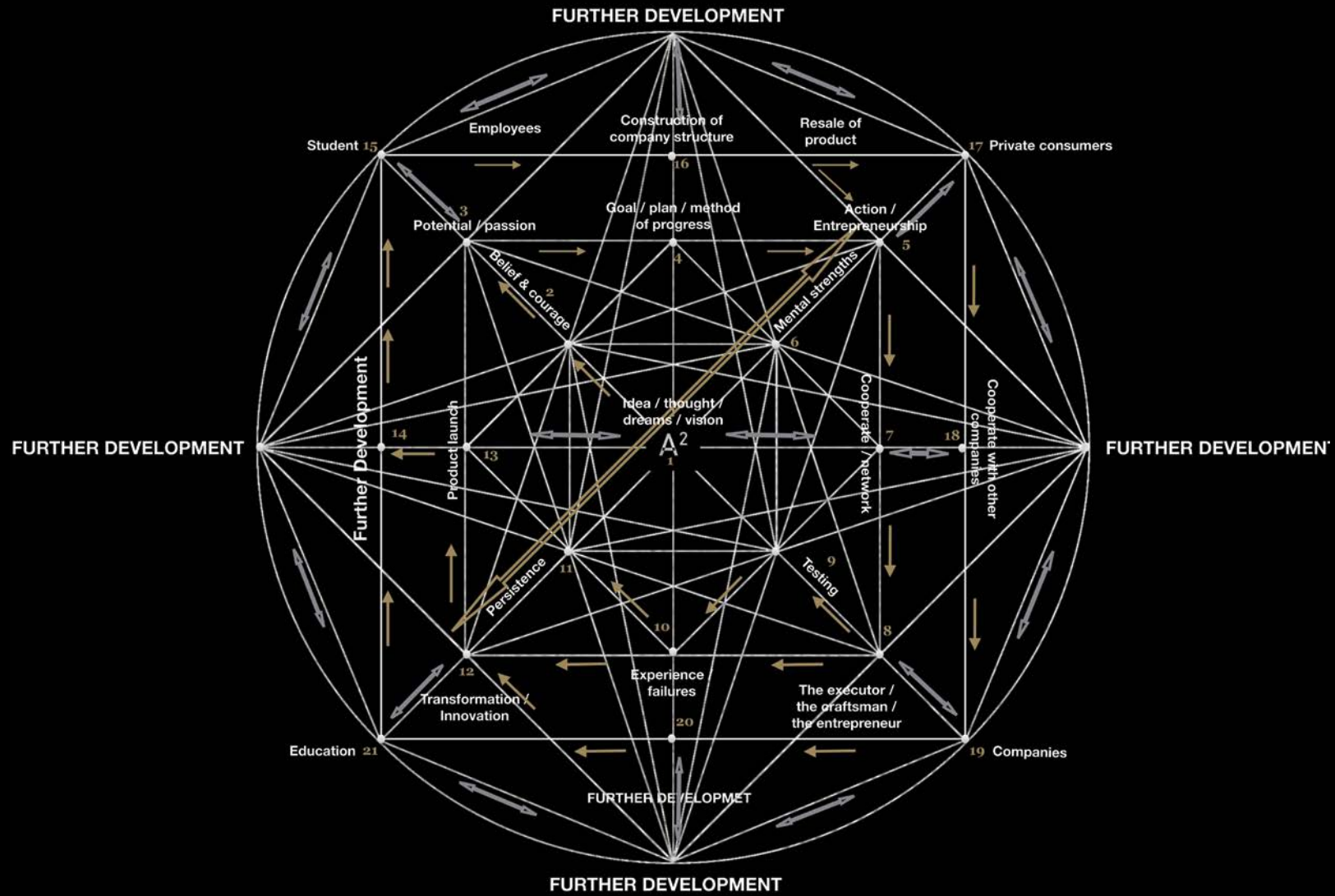


EMOTIONAL & OPERATIONAL INTELLIGENT ALGORITHM

BY OUR SIGNATURE - FIND YOUR ORIGINALITY



www.ancient-academy.com - info@ancient-academy.com - Tel.: (+45) 61191815





BY OUR SIGNATURE - FIND YOUR ORIGINALITY

Design your Unique Signature that can help you

Create Resources that only you can Originate.

Transfer your Unseen & Unconscious Knowledge existing in

the blind spot, into a usable, personalised Methodical

Knowledge & Tools as your Original Signature.